

The development and new thinking of children's dance education

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Abstract: Dance is one of the main forms of art. It plays an important role in shaping the graceful posture of the dancers and improving people's aesthetic appreciation and artistic appreciation. Dance education for young children can cultivate young children to form beautiful behaviors from an early age, and enhance their appreciation of beauty and art. This paper mainly discusses the importance of children's dance education, the current development of children's dance education and the new thinking about the development of early childhood education, hoping to provide reference for relevant research.

1. Introduction

In the process of promoting the all-round development of people's truth, goodness and beauty, art plays an extremely important role in the development of "beauty" education. As one of the longest-spreading art forms of artistic expressions in human history, dance is of great significance in promoting the cultivation and development of human "beauty education". With the improvement of the living standards of our country and the development and improvement of the education system, people pay more and more attention to children's dance education. In China's children's dance education, while achieving rapid development, it also encountered some problems that had to be faced and solved. Therefore, it is of great significance to analyze and think about the development of children's dance education.

2. The importance of children's dance education

First, promote the comprehensive and healthy development of children's body and mind. Young children are in the initial stage of life growth and development, and the development of various physical and mental functions is still in its initial state. Dance is an artistic expression of human movement. Scientific research shows that about 30 minutes of dance exercise every day can play a physiological role in promoting healthy development, such as strengthening bones, enhancing heart and lung function, enhancing joint flexibility to promote human health, and it also plays a psychological role in enhancing communication and aesthetic appreciation between people. Therefore, the dance education for young children can promote the healthy development of children's physical and mental health.

Second, help young children shape beautiful and good postures. Dance is a coordinated exercise and improvement of the limbs and other parts of the human body. Learning to dance well can enhance the coordination of movements in various parts of the human body, so that people can maintain the coordination and balance of the body, whether in static or sports state, and maintain a good and beautiful posture, leaving a good impression. Dance education for young children can help them form correct dynamic and static posture at the early stage of their growth, and lay a foundation for the formation of good posture.

Third, enhance the artistic quality of young children's dance and deepen their understanding of art and beauty. This is the most direct role of early childhood dance education. The content of children's dance education includes not only the dance movements and basic exercises, but also some simple basic dance theory knowledge and common sense teaching, which makes children have a more basic and comprehensive understanding of the aesthetics of dance and dance art, and improve basic dance literacy, deepen the understanding and appreciation of the artistry and beauty

of dance.

Fourth, promote the development of children's education and dance education in China. Children's dance education is a subject of interdisciplinary integration of early childhood education and dance art education. Its development is inextricably linked with the emphasis on the expansion of the demand for spiritual and cultural education in early childhood education and social development. Therefore, the development of children's dance education will help China achieve the simultaneous development of early childhood education and dance art education.

3. Analysis of the current development of children's dance education

First, the teaching content does not meet the needs and characteristics of the child's physical and mental age development, and tends to be more adult^[1]. The development of children's physical and mental functions is still in its infancy, and their understanding of many things is not deep enough. Therefore, the content of dance teaching for young children must be simple and easy to understand, in line with the law of physical and mental development of young children, to ensure that the teaching content is within the scope of their understanding and acceptance of digestion. However, at present, there are few dance teaching courses and contents specially designed for the development of children's age, and there is also a lack of guidance for the corresponding teaching system. As a result, many teachers are "groundless" in the teaching process and can only teach with the reference of adult teaching methods and teaching contents. However, due to the large gap between the physical and mental development of adults and young children, the adults' ability to understand and accept a lot of content is relatively strong, which makes it difficult for children to understand a lot of content in the process of dance learning. The so-called learning is just remembering the dance movements, showing the performance is just only "copy it without catching its spirit"; Moreover, the teaching content of adult dance for young children to learn, which seriously violates the development rules of young children, and it will cause premature maturity of some aspects of children's body and mind, but at the same time the corresponding other physical and mental functions have not developed simultaneously. This will have a very negative impact on the overall and balanced development of young children.

Second, the lack of professional children's dance education teachers, the professional level and teaching ability of educators need to be strengthened^[2]. In recent years, with the development and expansion of the education of kindergarten teachers in China, the development of early childhood education in China has also achieved rapid development and progress. However, there is no relatively scientific and perfect early childhood dance education system. Moreover, many dance training institutions obtain more profits by compressing the cost, usually adopts a method of teaching large class. In this way, it is difficult to carry out targeted teaching according to the individual characteristics of the students, which makes it difficult for many students to get more exercise and improvement. This dance education method is more like a factory-to-product mass production. After a period of such training, each unique child individual becomes a "mechanical puppet" with no individual characteristics; In addition, in terms of teachers and teaching content, many educational institutions employ teachers who are mainly college students, rather than professional preschool dance teachers with certain educational experience and professional standards. This is because, in general, the teaching salary of college students will be lower than that of a child dance teacher with certain experience and professionalism. In addition, many college students do not have a fixed teaching time, and it is difficult to work in a training institution for a long time. Therefore, young children may need to face changing teachers and adapting to new teachers. This phenomenon is also very detrimental to the development of children's dance education and learning.

Third, the education method is relatively simple. It does not pay attention to the individual characteristics of students, and it is more out of touch with the development of the times. In terms of teaching methods, on the one hand, due to the limitations of traditional teaching methods, on the other hand, due to the lack of teaching materials and the lack of teaching experience in teachers, many teachers copy the original teaching methods and contents in the teaching process without

thinking. They mainly adopt the teaching method of lecturing, without considering or knowing how to combine the individual characteristics of children with the actual teaching, so that the whole teaching of children's dance presents monotonous and rigid characteristics, it is difficult to attract children's interest in learning. To a large extent, children will become tired of dancing and of resist emotions. In combination with the factors of the times, since most of our country's early childhood dance education is copying the predecessors, so the change in the teaching content is not obvious. The teaching method is also mainly the kind of "cramming" education. It only allows young children to imitate their own actions, does not pay attention to innovation, and has a low acceptance rate of modern educational concepts. Therefore, China's early childhood dance education needs to be continuously improved in terms of innovation and timeliness^[3].

Fourth, the types of dance teaching offered are relatively concentrated, the characteristics of diversification are not obvious, and the ability to create and invent is relatively weak. At present, the types of dance teaching offered by children's dance education in China are more concentrated. Most of them are mainly modern dances, and there are fewer types of ethnic dances and classical dances. The diversity of dances is not obvious. It is not conducive to children's comprehensive and in-depth understanding of dance. Moreover, the teaching of integration between different species is also lacking and the innovation is weak.

4. New thoughts on children's dance education

First, establish a perfect system for teaching children's dance^[4]. First of all, we must strengthen the management of the children's dance training institutions, and make more stringent and specific requirements for the employment of teachers in training institutions. The textbooks and teaching facilities used should be strictly managed and inspected to reduce the irresponsible behavior of some institutions in seeking profits regardless of the physical and mental development of young children. Secondly, the relevant education departments and early childhood dance education experts should speed up the preparation of some dance materials that are consistent with the laws and characteristics of children's physical and mental development, and provide scientific standards and reference materials for children's dance education; Finally, it is necessary to strengthen the construction of relevant supervision mechanisms and establish a sound supervision and punishment mechanism for early childhood dance education. The judicial inspection departments should strengthen the judicial inspection of the training institutions to enhance the penalties for the training institutions that violate the regulations. All sectors of society, especially parents, should strengthen supervision to reduce the unhealthy influence of some unqualified training institutions on children's unscientific dance education.

Second, strengthen the training of professional young children's dance teachers. In view of the current shortage of professional preschool dance teachers in China, first of all, the state should strengthen the training of professional talents in this field. For example, when setting up special children's dance education in colleges and universities, and teaching in kindergarten teachers' specialty, increase the emphasis and practical training for children's dance education to improve the teaching level of teachers' children's dance specialty; Secondly, colleges and universities can establish cooperation mechanisms with children's dance education institutions, and set up special training bases for children's dance education teachers, provide intensive training for professional children's dance education for those who are interested in children's dance education, and increase the current numbers of children's dance education talents. Finally, in the process of training and educating young children's dance teachers, some educational contents on teachers' basic professional qualities and moral qualities, as well as some contents on modern educational concepts, are provided to promote their professional quality and innovative ability.

Third, teachers should formulate corresponding teaching contents and methods according to the laws and characteristics of children's physical and mental development, and pay attention to the teaching mode according to students' individual characteristics. There is a big difference in the degree of physical and mental development between young children and adults. In the dance teaching, the teaching content and teaching methods should be changed. Moreover, each living

individual is a unique existence in the world. In the dance teaching, it is necessary to make instructional design according to the personality characteristics and hobbies of each child, and choose the education method and content suitable for the characteristics of the child. For example, for the characteristics of more lively and playful of children, teachers can design some interesting dance moves according to the things or topics that children may be interested in. For example, some dance movements can be combined with the movement characteristics of some small animals(such as rabbit dance, duck dance, etc.). Some dance content can also be provided for students to choose the part or track that they are willing to learn, and so on. In the teaching way, we should not blindly adopt lecturing teaching method. It is necessary to encourage students to innovate and improve themselves when they are imitating the actions of teachers to stimulate children's imagination and creativity, and fully release their vitality in the use of body language.

Fourthly, while strengthening basic skills education, we should pay attention to combining the needs of the times to ensure that education and teaching keep pace with the times. Because young children are younger and have not received systematic dance training before, the basics of basic skills need to be constantly trained and accumulated; In addition, in the process of education and teaching, it is necessary to continuously combine the development content and trends of the times, continuously improve and supplement the teaching content, and think and create from the environmental conditions of the children's growth and the daily things they are exposed to. While carrying out traditional dance teaching, incorporating some characteristics of the times. Taking the teachers themselves as an example to train young children to develop innovative creative ability that keeps pace with the times and constantly integrates tradition and modernity from a young age.

5. Conclusion

At present, although the development of children's dance education in China is relatively fast, there are still some areas for improvement. Such as the lack of professional teachers and talents, the lack of a scientific and complete education system as a support, the teaching materials and teaching content are not scientific and rich, the teaching method is relatively single bored, and so on. To solve these problems, the state, educators and parents of children need to make continuous improvements, enrich teaching content and teaching methods, strengthen supervision and management of children's dance education, promote the establishment and improvement of scientific and perfect children's dance education mechanism, and give full play to the role of dance education in promoting the development of children's mind and body.

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